

**Towcester U3a Groups.      Updated 7th August 2026.      53 Groups.**

| TOPIC                                                                    | Group Leader                            | Contact Details                                                                                                                                                            | When                                                                      | Where                                                                 |
|--------------------------------------------------------------------------|-----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------|-----------------------------------------------------------------------|
| Alternative Poetry                                                       | Eileen Dickens                          | <a href="mailto:eandgd17@gmail.com">eandgd17@gmail.com</a>                                                                                                                 | 3rd Friday. 10.30-12pm                                                    | The Bell Plantation ( conservatory)                                   |
| Art Appreciation 1 <b>(Waiting list)</b>                                 | Tony Pearson and Sue Dewey              | <a href="mailto:tony@diandtony.com">tony@diandtony.com</a> 07789072014<br><a href="mailto:susandewey10@gmail.com">susandewey10@gmail.com</a>                               | 3rd Tuesday, 10-12pm                                                      | Tove Valley Centre                                                    |
| Art Appreciation 2 <b>( Waiting list)</b>                                | Sue and Chris Turner                    | <a href="mailto:c.turner26@btinternet.com">c.turner26@btinternet.com</a>                                                                                                   | 2nd Thursday. 10.30-12.30pm                                               | Tove Valley Centre                                                    |
| Badminton                                                                | Madeleine Wain and Dave Boshier         | <a href="mailto:madeleine.wain@talktalk.net">madeleine.wain@talktalk.net</a><br><a href="mailto:bosherdave@gmail.com">bosherdave@gmail.com</a>                             | Mondays, 11.15 -12.15pm                                                   | Towcester Leisure Centre                                              |
| Birdwatching                                                             | Brian Horner                            | 01327 352333    07415 849231<br><a href="mailto:b.horner115@btinternet.com">b.horner115@btinternet.com</a>                                                                 | 1st Wednesday AM and days may vary in future.                             | Various locations.                                                    |
| Book Club <b>( Waiting list)</b>                                         | Susan Dewey                             | <a href="mailto:susandewey10@gmail.com">susandewey10@gmail.com</a>                                                                                                         | 1st Monday (except Bank hols)                                             | Members' homes                                                        |
| Boys' Toys <b>Visiting venues of interest in all forms of transport.</b> | John Ash and Ray Paice.                 | <a href="mailto:jash1012002@yahoo.co.uk">jash1012002@yahoo.co.uk</a> <a href="mailto:raypaice@aol.com">raypaice@aol.com</a>                                                | 1st Tuesday (usually)                                                     | The Brave Old Oak, Towcester                                          |
| Boys' Toys 2                                                             | David Alderson                          | <a href="mailto:dandaa7146@gmail.com">dandaa7146@gmail.com</a>                                                                                                             | 1st Wednesday. <b>Group currently full.</b>                               | Oak Room, Saracens Head                                               |
| Boys Toys 3                                                              | Terry Goldfinch and Jim Greenwood       | <a href="mailto:terrygoldfinch@hotmail.co.uk">terrygoldfinch@hotmail.co.uk</a> 01327 351471                                                                                | 1st Wednesday, 12 noon and 3rd Wednesday varies.                          | Brave Old Oak, Towcester. 12 noon. 3rd Wednesday varies in location.  |
| Bridge                                                                   | Wendy Watts, Tracey Smith.              | <a href="mailto:wendy1.watts@btinternet.com">wendy1.watts@btinternet.com</a> 07906077055<br><a href="mailto:tracey061261@gmail.com">tracey061261@gmail.com</a> 07763377940 | Weekly Monday, 1.45pm                                                     | Pattishall Parish Hall.                                               |
| Canasta                                                                  | Gillian Combes                          | <a href="mailto:gpuxyty@icloud.com">gpuxyty@icloud.com</a>                                                                                                                 | 2nd Wednesday and 4th Tuesday, 2pm                                        | Moorfields, Buckingham Way, Towcester.                                |
| Chess                                                                    | David Ward                              | <a href="mailto:dward48@btinternet.com">dward48@btinternet.com</a>                                                                                                         | Mondays, every 2 weeks. 10.30am                                           | Saracens Head, Towcester.                                             |
| Church Visits                                                            | Gill Phillips and Sue Richards          | <a href="mailto:gillp1903@gmail.com">gillp1903@gmail.com</a><br><a href="mailto:suerichards200344@gmail.com">suerichards200344@gmail.com</a>                               | 1st Wednesday                                                             | Various local churches                                                |
| Coffee and Current Affairs <b>(Waiting list)</b>                         | Denise Rowe                             | 01327 350405 <a href="mailto:serendipity.rowe@yahoo.co.uk">serendipity.rowe@yahoo.co.uk</a>                                                                                | Last Monday. 10am.                                                        | Towcester Library. <b>Group is currently full.</b>                    |
| Dutch Language                                                           | Deidre Galloway                         | 01327 857873 <a href="mailto:deirdre.galloway@talktalk.net">deirdre.galloway@talktalk.net</a>                                                                              | Weekly Thursday 2.30pm                                                    | Member's Home                                                         |
| Folk Dancing <b>( Waiting list )</b>                                     | Lynne Tebbenham                         | 01327 352139 <a href="mailto:lynne.teb@gmail.com">lynne.teb@gmail.com</a>                                                                                                  | Weekly, Thursday. 2-4pm                                                   | Towcester Town Hall                                                   |
| French Intermediate <b>( Full )</b>                                      | Alison Walker                           | <a href="mailto:alisonwalker99@googlemail.com">alisonwalker99@googlemail.com</a>                                                                                           | 1st and 3rd Tuesday. 10-12pm                                              | Sawpits, Towcester.                                                   |
| Gardening ( Organic and wildlife)                                        | Jenny Rigby                             | 01327 860252 <a href="mailto:jlrigby9@gmail.com">jlrigby9@gmail.com</a>                                                                                                    | 1st Wednesday. 2pm                                                        | Members' homes                                                        |
| Garden Visits                                                            | Carole Hunt                             | 01327 352564 <a href="mailto:HUNT_C6@sky.com">HUNT_C6@sky.com</a>                                                                                                          | 2nd Wednesday                                                             | Various venues                                                        |
| Genealogy 1 Intermediate/Advanced                                        | Judith Laslett                          | 01604 832023 <a href="mailto:judith_laslett@yahoo.co.uk">judith_laslett@yahoo.co.uk</a>                                                                                    | Last Thursday, 10.00 - 12.00pm                                            | Tove Valley Centre, NN12 7AH                                          |
| Genealogy 2 Intermediate/Advanced                                        | Judith Laslett                          | As above                                                                                                                                                                   | Last Thursday 2pm-4pm                                                     | Tove Valley Centre, NN12 7AH                                          |
| Genealogy 3    Beginners Group                                           | Judith Laslett                          | As above                                                                                                                                                                   | Contact Judith for details                                                | Contact Judith for details                                            |
| IT Helper group                                                          | Jenny Lunn                              | <a href="mailto:ITHelp@towcesteru3a.org.uk">ITHelp@towcesteru3a.org.uk</a>                                                                                                 | 3rd Monday , 14.00 to 16.00                                               | The Sawpits Centre, Towcester.                                        |
| Jazz Appreciation                                                        | Malcolm Shepherd                        | 07889157302 <a href="mailto:malcolmshepherd@yahoo.co.uk">malcolmshepherd@yahoo.co.uk</a>                                                                                   | 2nd Wednesday. 2-4pm                                                      | Towcester Mill                                                        |
| London Explorers 2                                                       | Christine Russell                       | 01327 830012 <a href="mailto:ca.russell@btinternet.com">ca.russell@btinternet.com</a><br>07734872362                                                                       | 3rd Tuesday                                                               | London ( Meet at MK Rail Station)                                     |
| London Explorers 3                                                       | Felicity Prior                          | 01327 340840    07760228128<br><a href="mailto:felicityprior@btinternet.com">felicityprior@btinternet.com</a>                                                              | 4th Thursday                                                              | London ( Meet at MK Rail Station)                                     |
| Mahjong                                                                  | Lesley Walter                           | <a href="mailto:l.m.walter@btinternet.com">l.m.walter@btinternet.com</a>                                                                                                   | 2nd and 4th Tuesday 10-12pm                                               | Members homes.                                                        |
| Mixed Craft                                                              | Sue Garratt                             | 01280 702336 <a href="mailto:jamesgarrett136@btinternet.com">jamesgarrett136@btinternet.com</a>                                                                            | 1st and 3rd Thursday, 2-3.30pm                                            | Meeting Room, The Brave Old Oak, Towcester                            |
| Music Appreciation                                                       | Valerie Hall                            | <a href="mailto:valerie-hall@tiscali.co.uk">valerie-hall@tiscali.co.uk</a> 07813 276690                                                                                    | 1st Monday. 2-4pm                                                         | Members' homes                                                        |
| Nordic Walking                                                           | John Russell                            | 01327 830012 <a href="mailto:johna.russell@btinternet.com">johna.russell@btinternet.com</a>                                                                                | Monthly, 3rd Wednesday                                                    | Different places of interest.                                         |
| Painting for Pleasure                                                    | Caroline Hounsham and Catherine Bullock | <a href="mailto:carolinehounsham@yahoo.co.uk">carolinehounsham@yahoo.co.uk</a><br><a href="mailto:renie1275@gmail.com">renie1275@gmail.com</a>                             | 2nd and 4th Tuesdays. 10-12pm                                             | The Sawpits Centre, Towcester.                                        |
| Pétanque <b>( waiting list )</b>                                         | Guy Moody                               | <a href="mailto:micro.moody@gmail.com">micro.moody@gmail.com</a>                                                                                                           | Fridays, 2pm                                                              | Tiffield                                                              |
| Photography Group                                                        | Sarah Fallon                            | <a href="mailto:picstrumpad31@gmail.com">picstrumpad31@gmail.com</a>                                                                                                       | Last Tuesday of the month 2pm.                                            | Varies                                                                |
| Pickleball 1 <b>{Waiting list)</b>                                       | Bev and Kev James                       | <a href="mailto:beverleyvjames@hotmail.com">beverleyvjames@hotmail.com</a>                                                                                                 | Fridays, 9 - 10am.                                                        | Towcester Leisure Centre                                              |
| Pickleball 2 <b>(Waiting list)</b>                                       | Bev and Kev James                       | <a href="mailto:beverleyvjames@hotmail.com">beverleyvjames@hotmail.com</a>                                                                                                 | Tuesdays 10 - 11am                                                        | Towcester Leisure Centre                                              |
| Pickle Ball 3                                                            | Peter Newson                            | <a href="mailto:transferthecolumn@aol.co.uk">transferthecolumn@aol.co.uk</a>                                                                                               | Wednesdays, weekly. 2 - 3pm                                               | Towcester Leisure Centre                                              |
| Pickle Ball 4                                                            | Bev and Kev James                       | <a href="mailto:beverleyvjames@hotmail.com">beverleyvjames@hotmail.com</a>                                                                                                 | Tuesdays, weekly 14.30 - 15.30                                            | Towcester Leisure Centre                                              |
| Poetry Appreciation                                                      | Jane Miller                             | <a href="mailto:jane.miller.towc@gmail.com">jane.miller.towc@gmail.com</a>                                                                                                 | 4th Tuesday AM.                                                           | 185 Watling Street,Tow.                                               |
| Ramblers 1                                                               | Peter Cooper                            | 01327 703292 <a href="mailto:pr.cooper@btinternet.com">pr.cooper@btinternet.com</a>                                                                                        | 3rd Wednesday. 10am                                                       | Within 20 miles of Towcester.                                         |
| Ramblers 2                                                               | Charles Sutcliffe                       | <a href="mailto:charles.sutcliffe@outlook.com">charles.sutcliffe@outlook.com</a>                                                                                           | 2nd Thursday. 10am                                                        | Various                                                               |
| Reading for Pleasure <b>(Waiting list)</b>                               | Anne Parkes                             | <a href="mailto:parkespa@ymail.com">parkespa@ymail.com</a>                                                                                                                 | 1st Friday. 10am                                                          | Tove Valley Centre, NN12 7AH                                          |
| Reading between the crimes                                               | Karen Campbell                          | 07590122264 <a href="mailto:karensacre@hotmail.co.uk">karensacre@hotmail.co.uk</a>                                                                                         | 1st Monday. 2pm                                                           | Upstairs at the Watling St Village, 185 Watling St, Towcester NN126BX |
| Recorder Group                                                           | Lynne Tebbenham                         | 01327352139 <a href="mailto:lynne.teb@gmail.com">lynne.teb@gmail.com</a>                                                                                                   | Contact Lynne for details, currently on 1st and 3rd Fridays but flexible! | Flexible location.                                                    |
| Science for All                                                          | Barry Prior                             | <a href="mailto:barry.prior@btinternet.com">barry.prior@btinternet.com</a>                                                                                                 | 1st Thursday. 10am                                                        | The Sawpits Centre, Towcester.                                        |

| TOPIC                                                                                                               | Group Leader                                                                                                | Contact Details                                                                                                                                                  | When                                                                                                     | Where                                                                       |
|---------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|
| Scrabble                                                                                                            | Claire Griffiths                                                                                            | 01604 862708 <a href="mailto:claire.g29@btinternet.com">claire.g29@btinternet.com</a>                                                                            | 2nd and 4th Wednesday.<br>10.00am From Oct. 12th.                                                        | The Forum, Towcester Library.                                               |
| Striders ( 6-8 mies )                                                                                               | Alison Barlow                                                                                               | <a href="mailto:alisonbarlow@uwclub.net">alisonbarlow@uwclub.net</a> 07952 622990                                                                                | 2nd Wednesday 9.15am                                                                                     | Within 20 miles of Towcester.                                               |
| Strollers group ( up to 3 miles )                                                                                   | Wendy Gallagher                                                                                             | <a href="mailto:edandwendy1@outlook.com">edandwendy1@outlook.com</a>                                                                                             | 3rd Thursday. 10am                                                                                       | Various locations.                                                          |
| Sunday Lunch Group                                                                                                  | Janette McTeer and Chris MacClean                                                                           | <b>07765151170, 07419318845</b>                                                                                                                                  | Last Sunday 12.30pm                                                                                      | Various locations.                                                          |
| Table Tennis                                                                                                        | Jonna Conquest                                                                                              | 07306078090 <a href="mailto:jonnabo47@gmail.com">jonnabo47@gmail.com</a>                                                                                         | Thursdays, 11-1pm                                                                                        | Tove Valley Centre, NN12 7AH                                                |
| Tennis                                                                                                              | Alison Foxton                                                                                               | <a href="mailto:alison.foxton@outlook.com">alison.foxton@outlook.com</a>                                                                                         | Mondays at 2pm, weekly. A small charge will apply to those who are not members of Towcesterians.         | Towcesterians Rugby grounds.                                                |
| Theatre visits                                                                                                      | Lesley Bradshaw and Judith Baines                                                                           | Lesley Bradshaw <a href="mailto:lesleyj22@hotmail.com">lesleyj22@hotmail.com</a><br>Judith Baines <a href="mailto:judeat11@hotmail.com">judeat11@hotmail.com</a> | Various                                                                                                  | Milton Keynes Theatre.                                                      |
| Understanding the Stock Market                                                                                      | Andrew Pearson                                                                                              | <a href="mailto:andrew4.investing@gmail.com">andrew4.investing@gmail.com</a> 07798.567867                                                                        | 2nd Wednesday of the month at 2pm                                                                        | Forge Coffee House, Whittlebury Hall, Whittlebury. NN12 8QH.                |
| Writing for pleasure                                                                                                | Jane Morgan                                                                                                 | <a href="mailto:jane.morgan150@gmail.com">jane.morgan150@gmail.com</a>                                                                                           | 1st Friday. 10am                                                                                         | To be decided.                                                              |
| <b>NON-Towcester U3A Groups</b>                                                                                     | <b>Pilates</b>                                                                                              | <b>Contact: Jenny Rigby</b>                                                                                                                                      | <b>01327 860252</b><br><b><a href="mailto:jlrigby9@gmail.com">jlrigby9@gmail.com</a></b>                 |                                                                             |
|                                                                                                                     | <b>Tai Chi</b>                                                                                              | <b>Contact: Jenny Rigby</b>                                                                                                                                      | <b>01327 860252</b><br><b><a href="mailto:jlrigby9@gmail.com">jlrigby9@gmail.com</a></b>                 |                                                                             |
|                                                                                                                     | <b>Ballet and Tap dancing</b>                                                                               | <b>Contact Gayna Mcnamee</b>                                                                                                                                     | <b><a href="mailto:gayna.l.mcnamee@gmail.com">gayna.l.mcnamee@gmail.com</a></b>                          | Towcester Town Hall, 12.45-1.30, and 1.45-2.15.                             |
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|                                                                                                                     |                                                                                                             | <b>TIMETABLE SUMMARY By Weekday</b>                                                                                                                              |                                                                                                          |                                                                             |
| <b>MONDAY</b>                                                                                                       | <b>TUESDAY</b>                                                                                              | <b>WEDNESDAY</b>                                                                                                                                                 | <b>THURSDAY</b>                                                                                          | <b>FRIDAY</b>                                                               |
| <b>Morning</b>                                                                                                      | <b>Morning</b>                                                                                              | <b>Morning</b>                                                                                                                                                   | <b>Morning</b>                                                                                           | <b>Morning</b>                                                              |
| Badminton, Bookclub, Chess, Coffee and current affairs, Poetry Appreciation.                                        | Art Appreciation 1, Boys Toys 1, French, London Explorers 2, Painting for Pleasure, Mahjong, Pickle Ball 2, | Boys Toys 2, Church Visits, Garden Visits, Nordic Walking, Ramblers 1, Striders, Scrabble. Birdwatching. Boys Toys 3.                                            | Art Appreciation 2, Genealogy1, London Explorers 3, Ramblers 2, Science for All, Table Tennis, Strollers | Alternative Poetry, Writing for pleasure, Pickleball, Reading for Pleasure. |
| <b>Afternoon</b>                                                                                                    | <b>Afternoon</b>                                                                                            | <b>Afternoon</b>                                                                                                                                                 | <b>Afternoon</b>                                                                                         | <b>Afternoon</b>                                                            |
| Bridge, Music Appreciation, Reading between the crimes. IT Helpers                                                  | Canasta. Understanding the Stock market. Pickle ball 4. Photographic group.                                 | Canasta, Gardening, Garden Visits, Jazz Appreciation. Scrabble. Pickle Ball 3.                                                                                   | Dutch language, Folk Dancing, Genealogy 2, Mixed craft.                                                  | Pétanque.                                                                   |
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| Keep up to date:<br><a href="https://www.facebook.com/groups/towcesterU3A">www.facebook.com/groups/towcesterU3A</a> | <a href="http://www.towcesteru3a.co.uk">www.towcesteru3a.co.uk</a>                                          | Towcester u3A is a registered charity. (No: 1155428)                                                                                                             |                                                                                                          |                                                                             |
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